

ST. ANN

CATHOLIC CHURCH

16550 290TH STREET · LONG GROVE, IOWA 52756
 Phone: 563-285-4596 · Fax: 563-285-4897
 St. Ann Web Page: www.stannslonggrove.org
 St. Ann Email: stanlong@netins.net



JULY 3, 2011 FOURTEENTH SUNDAY IN ORDINARY TIME



"Come to me, all you who labor and are burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am meek and humble of heart; and you will find rest for yourselves. For my yoke is easy, and my burden light."

Matthew 11:28-30

Victim Assistance Coordinator to Report Abuse:
Alicia Owens
Phone: 563/349-5002

The Home of the
Free and the Brave



Have a Blessed 4th of July

Office Hours

Monday—Thursday 8:00 AM—3:00 PM
 Friday 8:00 AM—12:00 Noon
 Bulletin Deadline Monday, 12:00 Noon

Weekend Mass Schedule

Saturday 4:30 PM
 Sunday 8:00 AM & 10:30 AM

Weekday Prayer and Mass Schedule

Tuesdays — Fridays: Mass 8:30 AM

Reconciliation

Saturday 3:45 PM to 4:15 PM

Sacraments

8 months in advance preparation is needed for marriage. Please call the office for assistance.
 2 months in advance for a Baptism.

St. Ann Staff

Msgr. Drake Shafer, Pastor
 Sally Schulz, Director of Music Ministries
 Mary Gross, Office Manager/Bookkeeper
 Donna Metcalf, Secretary
 Dwight Gittings, Maintenance Manager

285-4596

shaferd@diodav.org
ssschulz@stannslonggrove.org
mgross@stannslonggrove.org
dmetcalf@stannslonggrove.org

Ministers of Faith Formation

Pre/K/Grades 1-6:
 Grades 7-12: Julia Jones jjones@stannslonggrove.org
 Adult Education, Arnold Wieser awieser@stannslonggrove.org

Parish Council

Jeremiah Costello, President
 Christine Cauwels, Vice-President
 Kelly Cole, Secretary
 Bill Bolton
 Bill Briggs
 Richard Collins
 Paul Hayungs
 Nancy Lane
 Brian Murphy
 Julie Newell
 Jeff VanDeCastele
 Diana Vollbeer

Committee Chairs

Building and Grounds

Scott Youngbauer

Church Life/Family Life

Liturgy

Jeremiah Costello

Stewardship

Bill Briggs

Altar Server Coordinators

Julie Newell 285-6498

Finance

Joe Ragona

Faith Formation

Kelly Cole

Social Action

Kurt Miller

Guild

Celeste Murphy

Deb Sikorski, 285-8460

Administrative Management Team

Loras Schafer.....285-4663
 Joe Ragona.....349-9272
 Jerry Noel.....285-8162
 Mary Ann Curran.....285-8739
 Randy Siemsen.....285-4389
 Msgr. Drake Shafer.....285-4596
 Lolita Dierickx..... 285-7242
 Julie Newell.....285-6498



MASS INTENTIONS

MASS INTENTIONS FOR THE WEEK

7/2 Sat	John Ven Horst	4:30 PM
7/3 Sun	Shannon Family	8:00 AM
7/3 Sun	People of the Parish	10:30 AM
7/5 Tues	Living & Deceased Guild Members	8:30 AM
7/6 Wed	Jim Drummond	8:30 AM
7/7 Thu	Dorothy Brophy	8:30 AM
7/8 Fri	Deb Meyer	8:30 AM
7/9 Sat	Joe Leibold	4:30 PM
7/10 Sun	Charles & Dorothy Boeding	8:00 AM
7/10 Sun	People of the Parish	10:30 AM

Readings for this weekend:

Zechariah 9:9-10, Romans 8:9, 11-13, Matthew 11:25-30

Readings for next weekend:

Isaiah 55:10-11, Romans 8:18-23, Matthew 13:1-23

Upcoming Meetings at St. Ann

- Guild meeting on Tuesday, July 5 at 9:15 AM
- Admin meeting on Tuesday, July 7 at 9:15 AM
- Parish Council meeting on Tuesday, July 12 at 7:00 PM
- K of C meeting on Wednesday, July 20 at 7:00 PM

Memorial Contribution

A Memorial contribution was given to St. Ann Church in memory of Dorothy Brophy in the amount of \$565.00.

FINANCES

PARISH INCOME NEEDS:

Budget for fiscal year 2010-2011	\$515,022
Projected income divided by 52 weeks =	\$9,904
Average Weekly Operating Needs	\$9,904
Received 6/26	\$9,002
*under budget	(\$ 902)

Introduction of Centering Prayer

A workshop to help you find the God within and to hear him with the "ear of the heart" will be held on Saturday, July 16 from 9:00 a.m. to 1:00 p.m. at Our Lady of Lourdes Church (Bettendorf). You will learn about prayer as a relationship with God, the simple method of Centering Prayer, how to deal with thoughts, and how the fruits of the prayer will manifest in your life. Cost is \$28 which includes the book Open Mind, Open Heart, a brown bag lunch and 6 follow up sessions. For more information or to register call Judy at 355-0611.

Newly Baptized

Through the waters of Baptism we welcome Xander Nathan Nix the son of Derrick & Lisa Nix. Xander was baptized on Saturday, June 25.



Office Closed

The office will be closed on Monday, July 4 in honor of Independence Day. The office will resume normal business hours on Tuesday.



North Scott Food Pantry Needs

July needs for the North Scott Food Pantry are school supplies. In August prior to school starting, the Pantry delivers to each school within the district the collected school supplies. The schools then distribute the supplies to those students in need. Thank you for your ongoing support.

Thank You

The parish would like to thank **Bob and Karen Furlow** and **Scott Youngbauer** for their time and efforts, on Saturday June 25, related to the painting of the parish garage on the rental property.



Altar Serving Schedule

July 9 & 10, 2011

- 4:30— Adam & Aubrey Kurt
- 8:00— Arthur & Cecelia Behnke
- 10:30— Need volunteers

Lectors & Eucharistic Ministers Schedule

July 9 & 10, 2011

- 4:30- Bev, Heintz, Ken Heintz, Mary Weiser, Darlene Finnegan, Inez Tobin, Brian Murphy, Peggy Dean, Arnie Weiser
- 8:00- Linda Lahann, Barry Lahann, Nancy Shannon, Glen & Bernie Leach, Lois Nagle, Connie Noel, Kathy Henningsen
- 10:30- Kelly Cole, Mike Hawley, Maggie Liske, John Netwal, Jennifer Hawley, Bob & Mary Ann Braden, Jeff Liske

Blood Drive – Save the Date

In less than one hour you can save someone's life. It's fast, easy and painless—it's donating blood. Mark the date for the Blood Drive on **Thursday, July 14** here at St. Ann's. The blood drive will run from 1:30 p.m. to 6:15 p.m. If you would like to make an appointment please call Donna at 285-4596 or sign-up on the kiosk. The last time to give blood was **May 19**. *We are also needing cookies and juice to serve those who will be giving blood. If you could donate a dozen cookies or more and/or donate juice, please call the church office by July 8.*

Out of the Office

Mary Gross will be out of the office beginning, Monday, June 27 for hip surgery. She tentatively hopes to return by Monday, July 25.

Mass Server Training/Pizza Party

Mark your calendars for Sunday, July 10. This will be a time for a quick review of procedures for all current servers—just to practice and clarify a few things. It will also be a time to ask questions or practice something you might be feeling unsure of. After the training there will be a pizza party. The training and pizza party will begin at 3:30 p.m. and will end at 6:00 p.m. We will meet in the gathering space by the doors and do the training first then have pizza. If you are interested in becoming a Mass server and in the 3rd grade and up you are also welcome to attend this training. Please RSVP to either Deb at 285-8460 or Julie at 285-6498 by Friday, July 8.

Lawn Social at Sugar Creek

A lawn social will take place at St. Joseph Church on Sunday, July 10 with a beef and pork dinner served from 3-8 p.m. Cost for adults is \$7 in advance and \$7.50 at the door. Cost is \$4.00 for children 6 to 12 and free for children 5 and under. Games, prizes and a country store will be featured. For advance tickets, call Elaine at 563-689-3105. The church address is 3218 110th Street, Preston, IA.

The Adult Corner

Question of the Week

For The Fourteenth Sunday in Ordinary Time

"...you have revealed them to the little ones." What wisdom do you see in the "little ones"? Several years ago, Robert Fulghum wrote *All I Really Need to Know I Learned in Kindergarten*, did those lessons fulfill the line "For my yoke is easy, and my burden is light"? Do the two great commandments accomplish this line from the Gospel? Does following the law change from the burden of obligation to an easy yoke when you do it out of love?

Why Gratitude is Good

I find it fascinating that many of the beliefs we have held for centuries are now being "proven" by science. I don't think we needed the proof because we believed but it is satisfying to realize that these "beliefs" can now be tested and proven to be accurate. Gratitude is one of them. In this thorough article from *Greater Good* magazine, Dr. Emmons explores why gratitude does us so much good, brings to light the obstacles to practicing gratitude, and offers steps to leading a more grateful life. In many of the studies conducted by Dr. Robert A. Emmons, they often have people keep gratitude journals for just three weeks. He describes the results as overwhelming. We've studied more than one thousand people, from ages eight to 80, and found that people who practice gratitude consistently report a host of benefits:

Physical

- Stronger immune systems
- Less bothered by aches and pains
- Lower blood pressure
- Exercise more and take better care of their health
- Sleep longer and feel more refreshed upon waking

Psychological

- Higher levels of positive emotions
- More alert, alive, and awake
- More joy and pleasure
- More optimism and happiness

Social

- More helpful, generous, and compassionate
- More forgiving
- More outgoing
- Feel less lonely and isolated

Dr. Emmons highlights four important reasons why gratitude might have these transformative effects on people's lives? You can read the full article at **Why Gratitude is Good** (<http://tiny.cc/632lw>) or you can also want a series of videos on YouTube that are highlighted after each reason.

1. **Gratitude allows us to celebrate the present.** It magnifies positive emotions.
2. **Gratitude blocks toxic, negative emotions**, such as envy, resentment, regret—emotions that can destroy our happiness.
3. **Grateful people are more stress resistant.**
4. **Grateful people have a higher sense of self-worth.**

Dr. Emmons concludes this article with the following words, I think it's important to think outside of the box when it comes to gratitude. Mother Theresa talked about how grateful she was to the people she was helping, the sick and dying in the slums of Calcutta, because they enabled her to grow and deepen her spirituality. That's a very different way of thinking about gratitude—gratitude for what we can give as opposed to what we receive. But that can be a very powerful way, I think, of cultivating a sense of gratitude.

YOUTH MINISTRY

[St. Ann's Youth Ministry](#) is on facebook! Add [Stan Longgrove](#) as your friend to be updated on all the latest Youth Ministry news!

Returning College Students from St. Ann's are invited to apply for the Dorothy Boeding Memorial Scholarship for the 2011-2012 school year. An award will be given to an applicant that meets the following qualifications: 1- Have completed a year or more of college. 2- Are an active member of St. Ann's. 3- Plan on continuing their education this fall. Applicants must submit an essay (250 words or less) showing how they have been active in their Catholic Faith while attending school and also how their faith has impacted their life. Please list specific St. Ann's activities that you have been involved in during your college career. Essays are due July 31st and will be awarded at the "Backpack Blessing" Mass in August.

Grace Lutheran Church Summer Camp

Grace Lutheran Church is welcoming children and youths who will be in 2nd to 8th grades in the fall of 2011 to take part in Grace Lutheran Church's Summer Camp 2011, "Be Outspoken". Activities will include various sports, canoeing, fishing, arts and crafts, games, bible study, slip-n-slide, water balloons, music, singing and lots of good food and snacks. Family Night will be held on Tuesday, August 2 beginning with dinner at 4:45 p.m. followed by a family friendly night of entertaining beginning at 6:00 p.m. at the Outdoor Chapel featuring "Guys in Ties". Cost is \$25 if registered before July 14 and \$30 after July 14. This will be held at Grace Camp in DeWitt. For complete registration information please contact Grace Church at 659-9153 or log onto the website at www.gracedewitt.org.

Silent Saturday

Silent Saturday will be held Saturday, July 9 at the Humility of Mary Center (820 Central Park Ave, Davenport) from 9:30 a.m. to 11:30 a.m. These are half-day silent mini-retreats. There will be two centering prayer sessions, a silent break and closing with Lectio Divina. Everyone is welcome to attend. If you have any questions please call Lolita at 285-7242.

FAITH FORMATION

Faith Formation, Grades Pre-K - 6

On hot summer days, the best place to be is the beach! Cool off in the sparkling blue waves. Build a magnificent sandcastle. Explore tide pools and collect seashells. The beach is a beautiful natural playground and the perfect place for **Vacation Bible School!**

As kids explore the wonders of the beach, they'll discover the Big Answers to their Big Questions about Jesus. At **SonSurf Beach Bash VBS**, kids learn that **there is only one truth: Jesus!**

This year's **SonSurf Beach Bash VBS** will be held July 18-22 and varying levels of commitment are needed. Perhaps you have a few hours to spare, a few days, or a few weeks! **Adults and responsible teens are needed.** If you're able to donate some supplies for VBS please see the bulletin board in front of the church office. Cost is \$10 per child which includes a music CD until June 19. Registration received after June 19 is \$15 per child. **SonSurf Beach Bash VBS** shirts will be available for \$10. If you have any questions, please call Julia or Donna at 285-4596.



W e l c o m e

DON'T GET LOST! If you're new in our area or just have not taken the time to register, please fill in the form, drop it in the mail or the collection basket or bring it to the church office. **GOOD FEELING TO BELONG!**

If you are moving out of our parish or have a change of address, please fill in the form also, so we can keep our census listings accurate. Many thanks...

NAME: _____ ADDRESS: _____

CITY: _____ PHONE: _____

NEW _____ MOVING _____

CHANGE OF ADDRESS: _____

WELCOMING INFORMATION: _____

PREFERRED CONTACT HOURS: _____

MASS PREFERENCE TIME: _____